



Clenpiq

_____ Days to hold Plavix, (Clopidrogel), Coumadin, (Warfarin) OR Pradaxa, Effient, Eliquis, Xarelto

You need to pick up your script at your local pharmacy at least 1 week prior.

- **You will need a ride home from the endoscopy center.** Our policy requires transportation must be provided by a responsible person after your procedure. They must remain on premises while you have this procedure. The doctor will call with your results and a separate call from a nurse when you are ready for them to come around the side of the building to pick you up. You will be here about 1 ½ hours.
Failure to comply may result in cancellation of procedure.
- **No driving or operating machinery** until the day following your procedure.

The day prior to your procedure

Clear liquids only. Drink something every hour throughout the day **No solid food** until after your procedure. Examples of approved clear liquids. Drink at least 8 oz. (1 large glass) of clear liquids every hour until you go to bed

CLEAR LIQUID DIET

Liquids ALLOWED - **only in green, yellow, clear or brown**

- Coffee, or tea, regular or decaffeinated (no milk/cream of any kind)
- Water
- Clear Jell-o – green/yellow
- Popsicles/Italian Ice – green/ yellow / white
- White Cranberry, apple and White grape juice*
- Clear broth - chicken/beef/ vegetarian
- Black coffee/tea
- Fruit Juice without pulp – Green/Yellow
- Sugar
- Lemonade/Ice Tea
- Soda – green, yellow, clear or brown
- Gatorade/Powerade – green/yellow/ white
- **NO MILK OR CREAM PRODUCTS OF ANY KIND ARE ALLOWED**

*NO RED/ ORANGE/ PURPLE/ BLUE COLORED LIQUIDS - turn page over

5:00pm the day prior to your procedure

Drink one bottle of Clenpiq solution over 15 minutes.

Drink an additional (5) 8 oz cups of water over the next 5 hours.

Day of your procedure

(A) FOR ALL PROCEDURES SCHEDULED 7:30A-12P

3:00 am the morning of your procedure

Drink the second bottle of Clenpiq over 15 minutes.

Drink (3) 8 oz cups of water over the next 1 ½ hours.

Take your morning medications after you have completed the second half of your prep. Stop Drinking.

(B) FOR ALL PROCEDURES SCHEDULED 1230P- 430P

6:00 am the morning of your procedure

Drink the second bottle of Clenpiq over 15 minutes.

Drink (3) 8 oz cups of water over the next 1 ½ hours.

Take your morning medications after you have completed the second half of your prep. Stop Drinking. You should take your heart, blood pressure, seizure and breathing medications ONLY with a sip of water.

If you drink anything within 4 hours of your procedure you will be rescheduled.

These diet restrictions are for the Gastroenterologist's procedures. If you are on other restrictions such as a diabetic diet, etc., or if there are any foods or fluids on this list that you cannot have, you need to make allowances for that.

Your stool should be light yellow/orange to clear without any solid particles. If it is not, please contact the Endoscopy Nurse at either 843-839-2581 or 843-839-2300. If prep is not adequate small lesions may be missed and your procedure may be cancelled.