



FLEETS ENEMA

EVENING PRIOR TO PROCEDURE:

FLEETS ENEMA PREPARATION AS INSTRUCTED BY THE PHYSICIAN

Evening prior to Procedure: One Fleet's Enema

DAY OF PROCEDURE:

FLEETS ENEMA PREPARATION AS INSTRUCTED BY THE PHYSICIAN

Morning of Procedure: One Fleet's Enema

No Solid Foods after midnight

CAN CONTINUE CLEAR LIQUID DIET UP TO 4 HOURS BEFORE ARRIVAL TIME (DISCONTINUE ALL LIQUIDS 4 HOURS PRIOR TO ARRIVAL TIME)

CLEAR LIQUID DIET

Liquids ALLOWED - **only in green, yellow, clear or brown**

Black Coffee/Tea (no milk or substitutes)	Sodas, Broth, Water	White Grape Juice	White Cranberry Juice
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You should also take your heart, blood pressure, seizure and breathing medications by 5 AM with a small sip of water or no later than 4 hours prior to your arrival time.

BRING WITH YOU TO PROCEDURE:

1. HEALTH INSURANCE CARD(S) and DRIVER'S LICENSE/PHOTO ID AND PATIENT INFORMATION SHEET
2. A LIST OF YOUR CURRENT MEDICATIONS AND THE DOSAGES YOU REGULARLY TAKE
3. **RESPONSIBLE DRIVER TO STAY ON PREMISE AND DRIVE YOU HOME AFTER YOUR PROCEDURE**
Most patients are here for less than 2 hours from the time they arrive until the time they are discharged.
4. WEAR LOOSE CLOTHING

NUMBERS TO CALL:

843.839.0795 OR 843.839.0796 FOR QUESTIONS REGARDING INSTRUCTIONS

843.449-3381 TO REACH DOCTOR'S OFFICE (OR AFTER-HOURS ANSWERING SERVICE)