



## Nulytely

\_\_\_\_\_ Days to hold Plavix, (Clopidrogel), Coumadin, (Warfarin) OR Pradaxa, Effient, Eliquis, Xarelto

You need to pick up your script at your local pharmacy at least 1 week prior.

- **You will need a ride home from the endoscopy center**

*Our policy requires transportation must be provided by a responsible person after your procedure. They must remain on premises while you have this procedure. The doctor will call with your results and a separate call from a nurse when you are ready for them to come around the side of the building to pick you up. You will be here about 1 ½ hrs.*

**Failure to comply may result in cancellation of procedure.**

- **No driving or operating machinery** until the day following your procedure.

### **The day prior to your procedure**

Clear liquids only. Drink at least 8 oz. (1 large glass) of clear liquids every hour until you go to bed

. **No solid food until after your procedure.** Examples of approved clear liquids.

### **CLEAR LIQUID DIET**

Liquids ALLOWED - **only in green, yellow, clear or brown**

- Coffee, or tea, regular or decaffeinated (no milk/cream of any kind)
- Water
- Clear Jell-o – green/yellow
- Popsicles/Italian Ice – green/ yellow / white
- White Cranberry, apple and White grape juice\*
- Clear broth - chicken/beef/ vegetarian
- Black coffee/tea
- Fruit Juice without pulp – Green/Yellow
- Sugar
- Lemonade/Ice Tea
- Soda – green, yellow, clear or brown
- Gatorade/Powerade – green/yellow/ white
- **NO MILK OR CREAM PRODUCTS OF ANY KIND ARE ALLOWED**

### **6:00 pm the day prior to your procedure**

Drink ½ of Nulytely solution. Drink an 8 oz cup every 15 minutes until you have drunk ½ of the solution

### **Day of your procedure**

(A)FOR ALL PROCEDURES SCHEDULED 7:30A-12PM

3:00 am the morning of your procedure

Drink the other ½ of the Nulytely solution. Drink an 8 oz cup every 15 minutes until you have drunk all of the remaining solution. **Nothing to drink after prep. Turn page over**

(B)FOR ALL PROCEDURES SCHEDULED 12:30P-4:30 PM

6:00 am the morning of your procedure

Drink ½ of Nulytely solution. Drink an 8 oz cup every 15 minutes until you have drunk ½ of the solution.

Nothing to drink after prep.

You should take your heart, blood pressure, seizure and breathing medications ONLY with a sip of water after taking prep.

If you drink anything within 4 hours of your procedure you will be rescheduled.

These diet restrictions are for the Gastroenterologist's procedures. If you are on other restrictions such as a diabetic diet, etc., or if there are any foods or fluids on this list that you cannot have, you need to make allowances for that.

**Your stool should be light yellow/orange to clear without any solid particles. If it is not, please contact the Endoscopy Nurse at either 843-839-2581 or 843-839-2300. If prep is not adequate small lesions may be missed and your procedure may be cancelled.**